



Notice of Race

2010 Nordic Championships

- Formula windsurfing.
- Raceboard.
- BIC 293.
- Kona One Design Class

Sola (Stavanger) Norway 13-15 August

1. EVENT

1.1 The Championships will be held from Friday 13th August to Sunday 15th August 2010.

1.2 This Championship is Level no. 2 Event factor: 1.

1.3 Event email: nordicsola@hotmail.no

2. ORGANISER

2.1 The Championships will be organized by Sola Brettseilerforening(www.SBF.no) for and on behalf of, Scandinavian Sailing Federation

3. VENUE

3.1 The event will be based at Sola beach, Sola, Rogaland, Norway.

3.2 Sola Beach is situated 15m from Stavanger airport and 15 km from Stavanger city.

3.3 Conditions to be expected – winds 10-25 knots, water temperature 16-21 C, air temperature 17-27 C, waves normally 0-30 cm in august .

3.4 If the Racing jury find the Conditions to be too heavy for Junior racers, it will be a split and junior racing will be moved (1km) to a near by fjord (Hafersfjord) on a day by day basis.

4. RULES

4.1 This is an IWA sanctioned event governed by:

4.1.1 The ISAF Racing Rules of Sailing – Windsurfing Competition Rules (WCR);

4.1.2 The Class Rules . (Note for Bic 293 OD in 10.5)

4.1.3 No National Authority prescriptions will apply.

4.2 If there is a conflict between the Notice of Race and the Sailing Instructions (SI's), the SI's shall take precedence.

4.3 If there is a conflict between languages the English text will take precedence.

5. ADVERTISING

5.1 ISAF Regulation 20 - Advertising Code - shall apply.

5.2 Competitors may be required to carry advertising for event sponsors – both on their sails, and on a lycra vest if supplied by the organiser.

6. ELIGIBILITY & ENTRY

6.1 All entries shall meet the requirements of ISAF Regulation 19 - Eligibility Code.

6.2 Competitors shall be members of a National Class Association.

6.3 Membership formalities can be completed on site.

6.4 Entries shall be online via website: www.sbf.no

6.5 Competitors shall provide the following documentation prior to completing registration formalities on site:

- Proof of Entry Fee payment
- Evidence of valid third party insurance
- Proof of age
- Parental/legal Guardian Assent - for those under age of 18
- Medical Treatment Permission - for those under age of 18 or on their parents medical insurance policy

6.6 Coaches and team support personnel shall provide the following documentation prior to completing registration formalities on site:

- Boat Driving Licence (if applicable)
- Evidence of valid third party insurance

7. FEES

7.1 The Entry Fee is as follows: NOK 700 paid by July 16th 2010.

7.2 Entry after 16th July, only cash on site NOK 800.

7.4 Bank transfers shall be in the name of : Nordic Championship Sola, and your sail number and be sent to:

Account Name: Sola Brettseilerforening, PO Boks 96, 4097 Sola, Norway

Bank Details: Sparebank1 Sr-Bank, 4056 Stavanger, Norway

SWIFTBIC: SPRONO22

IBAN: NO4032061383130

8. RACING FORMAT, CLASSES & DIVISIONS

8.1.1 The Championship shall be a “open entry” event.

8.1.2 There may be separate prizes for U-13,U-15, Junior, Youth, Senior, Master,G-master, Women and Lightweight Men’s divisions.

8.1.3 Men and women may race separately, depending on entry numbers.

8.1.4 The maximum “fleet size” shall be 100.

8.1.5 It will be 3 starting fleets.

8.1.6 One fleet is Formula Windsurfing.

8.1.7 One fleet is Raceboard and Kona from youth and older

8.1.8 One fleet is Raceboard Junior, Kona junior and BiC T293.

8.2 AGE DIVISIONS

8.2.1 A competitor must have reached the minimum age limit, in the relevant division, by Dec. 31st 2009.

8.2.2 A competitor must not be older than the maximum age limit, in the relevant division, by Dec. 31st 2010.

8.2.3 Junior (C) is a boy or girl who is less than 17 years old.

8.2.4 A Youth (D) shall be under the age of 20.

8.2.4 A Master (F) is a man who has reached the age of 35 or for a woman, 30.

8.3. Classes

8.3.1 Formula windsurfing, FE can also compete but under Formula Windsurfing rules.

8.3.2 Raceboard is 320(hybrid) and 380.

8.3.3 BIC T-293

8.3.4 Kona, a limited number of charter boards will be available.

9. SCHEDULE

9.1 Event Schedule

Thursday 12.08.2010

19.00hrs-22.00hrs Registration

Friday 13.08.2010

09.00hrs-11.00hrs Registration

11.00hrs Skippers Meeting

12.00hrs Racing

Saturday 14.08.2010

10.00hrs Skippers Meeting

11.00hrs Racing

Sunday 15.08.2010

10.00hrs Skippers Meeting

11.00hrs Racing

16.00hrs Last possible warning signal

17.00hrs (tentatively) Price Ceremony

9.2 The scheduled time of the warning signal for the first race each day is 11.00hrs, except the first day at 12.00hrs.

9.3 The racing schedule may be altered, and is governed by the SI's.

10. EQUIPMENT

10.1 It is the responsibility of each competitor to ensure that his/her board and equipment conforms to its Class Rules, and an Equipment Registration Form is returned to the race office during registration.

10.2 Equipment checks may be made throughout the event.

10.3 Competitors shall bring their own equipment.

10.4 For the Kona One Design class, a limited amount of charter equipment will be available, you can only book the gear at www.aktivitet.srfsnosk8.no, other inquiries email:

kona@srfsnosk8.no

10.5 Note for Bic 293 OD: The biggest sail to be Bic one design. Sail no. 2 of another brand is permitted, but rig components may not have higher carbon content than according to class rules, and sail no. 2 may have maximum 2 camber inducers.

11. SAILING INSTRUCTIONS

11.1 The 'Championship SIs' will be available at registration.

12. COURSES

12.1 Courses shall be as prescribed in the Sailing Instructions or will be posted on the official notice board on the day of racing.

14. SCORING

14.1 Scoring will be in accordance with RRS Appendix B using the “Low Points Scoring System.”

15. STORAGE OF EQUIPMENT

15.1 Please note that each competitor has his/her own responsibility of storing and safekeeping of his/her equipment during the regatta.(Sola is normally a safe place with very low crime rate)

17. MEDALS AND PRIZES

17.1 Medals shall be awarded to the first three competitors, originating from the Nordic country in each class/division.

17.2 The first man and woman in the championship originating from the Nordic countries, shall be known as the Nordic Champion.

17.3 There may be separate trophies for the top 3 of each class, in the case where these participants originates from non-Nordic countries.

18. BUOYANCY

18.1 If personal buoyancy is prescribed every competitor and support boat crewmember shall wear, above the waist, a personal flotation device that shall conform to the minimum standard of ISO 12402-5 (level 50)

18.2 Personal buoyancy is mandatory for all competitors.

19. DISCLAIMER OF LIABILITY

19.1 Competitors take part in all races at their own risk. The organiser, SBF, NBK or any of their officials or representatives or any sponsors or their officials or representatives are not responsible, under any circumstances, for any damage, loss or injury either ashore or on the water either to persons or equipment, which may result.

19.2 Participation in this event, supporting events and in each race in them is at the sole discretion of the sailor and at his/her own risk. Notice is drawn to RRS 4.

20. INSURANCE

20.1 Competitors shall possess valid third party liability insurance with a minimum cover of 300,000 Euro.

21. MEDIA

21.1 In registering for the event, competitors automatically grant to the Organising Authority the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproduction of them, taken during the period of the event, for the said Championship as defined in the Notice of Race and Sailing Instructions in which he/she participates without compensation.

23. INFORMATION ACCOMMODATION

A wide range of accommodation is available in Stavanger/Sola area. The most convenient ones are listed below:

Sola Strand Hotel: Tel.: +47 51 94 30 00 - <http://sola-strandhotel.no/> - E-mail: booking@sola-strandhotel.no (On race site, ask for competitor discount)

Sola Motel og Camping: Nordsjøvn.315 4053 Ræge tlf. +4751654328 (walking distance from race site)

Ølberg Camping: <http://www.jarenfri.no/html/olberg.htm> +4751 65 43 75 (5 min drive from race site)

Ølbergstranden Appartements: <http://www.olbergstranden.no/olberg/index.html>
+4751654900, e-mail: hagland@olbergstranden.no (5 min drive from race site)

Sola Airport Hotel: <http://www.choicehotels.no/hotels/hotel?hotel=NO015&language=no>
+47 51 94 20 00, e-mail: q.stavanger@choice.no (5 min drive from race site)

24. TRAVEL

24.1 Air :The race site is situated 2 min. drive from the Stavanger Airport Sola (international airport).

24.2 Ships from Denmark, it is many ships to choice:

- Fastest is Hirtshals- Kristiansand and then 2,5 hours by car to Sola.
<http://www.colorline.com> 3,15 hour sailing and <http://fjordline.no> 2,15 hour sailing.
- Most relaxing? Hirtshals – Stavanger(Sola) and then 5 min. drive.
<http://fjordline.no> 12 hour sailing.

24.3 From south Sweden:

- Ship from Strømstad to Sandefjord and 5,5 -6 hour by car to Sola.
<http://www.colorline.com> 2,5 hour sailing.
- By car to Moss, ferry from Moss to Horten and then 6-6,5 hour drive to Sola.

It is to main driving routes to choice:

- E-18 to Kristiansand and then E-39 to Sola.(5,5-6 hour from Sandefjord and 6-6,5 hour from Horten)
- The next route prefer that you have an GPS or map, it is in some parts a narrow road that include 180 degrees turns and very steep hills at the same time. It can be the fastest route but prefer active driving, it is in some parts sheep in the road and watch out for Elk in the morning and evening. Waypoints is: Seljord-Dalen-Valle(setersdalen)-brokke/ Suleskar- Sirdal- Sola.

24.4 From places north and east of Oslo, Norwegian roads is mostly at bad standard narrow, bumpy, speed limits 50-60-70 at some main Norwegian roads. The fastest drive is in Sweden and then cross the border and go to Oslo, from Oslo u have then same 2 choices in Norway as driving from south Sweden (24,3 part 2)

25 Stay for some more days? 30 min. drive from Sola is the beginning of Lysefjorden it is an easy accessible Norwegian Fjord that you shouldn't miss if you have the time:

[Prekestolen](#) and [Kjaeraq](#)