

SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a board.

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

1. RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing – Windsurfing Competition Rules (**WCR**) and the Class Championship Rules (**CCR**).

1.2 No national authority prescription will apply.

1.3 If there is conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence. **This changes WCR 63.7.**

1.4 If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located on the window of the Secretariat Office.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of any race on the day that it takes effect, except that any changes affecting the schedule of the next day's racing shall be posted not later than 60 minutes after the end of the last race of the day.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at the Official Flag Pole located outside the Secretariat Office.

4.2 When the **AP Flag** is displayed, '1 minute' is replaced with 'not less than 20 minutes'. **This changes WCR Race Signals.**

5. RACE SCHEDULE and FORMAT

5.1 The schedule, and format, of races will be as specified in the Notice of Race.

5.2 Youth and Masters, men and women, shall start together.

5.3 'Back to back' races will be run for all divisions.

5.4 To alert boards that a race or sequence of races will shortly begin, an Orange Flag (with black **RC** letters) may be displayed (with one sound) at least 5 minutes before a warning signal is displayed. No sound will be made when the Orange Flag is lowered.

5.5 The warning signal for the last race of each day shall not be made later than 18:30 hour, except on the last day when the last possible warning signal shall be at 17:00hrs

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6. CLASS FLAG

The class flag will be a white flag with the Formula logo.

7. RACING AREA

7.1 The racing area is defined as an area extending 75m beyond the course including the starting line, the finishing line and their extensions, in which a board would normally sail while racing.

7.2 [DP] Boards not racing shall avoid the racing area.

8. COURSES

8.1 The course to be used shall be published on the ONB, and, displayed at the daily skippers meeting – see also Attachment 1.

8.2 If more than one course option is prescribed for the days racing, no later than one minute before the warning signal the Race Committee Signal Boat shall display the course to be sailed on a white board.

9. MARKS

The starting *marks*, finishing *marks* and *marks* of the course will be as shown on the course illustration and as described in SI's 10.1 and 11.

10. THE START

10.1 Races will be started using WCR 26.

10.2 The starting line will be between a mast displaying an orange flag with black **RC** letters on the Race Committee Signal Boat and the orange cylindrical pin end buoy.

10.3 A board starting later than 4 minutes after her starting signal will be scored Did Not Start. **This changes WCR A4 and A5.**

10.4 When a board breaks rule 30.1 or 30.3, the Race Committee will display the sail number(s) on a white board on the back of the Race Committee Signal Boat before the first board has finished that race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes WCR 62.1(a) and A5.**

11. THE FINISH

The finishing line will be between the mast with blue flag on the Race Committee Signal Boat and the thin yellow "cigar" finishing buoy.

12. TIME LIMITS, TARGET TIMES & REST PERIOD

12.1 The time limits and target times are as follows:

Time limit	40 minutes
Target time	15>20 minutes
Mark 1 time limit	12 minutes

12.2 If no board has passed mark 1 within the Mark 1 time limit, the race will be abandoned.

12.3 A board failing to finish within 20 minutes after the first board in her group/division sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. **This changes WCR's 35, A4 and A5.**

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- 12.4 Rest Periods-Back to Back races. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that group/division will be 10 minutes.
- 12.5 Rest Periods-Ashore. If two races have been sailed back to back there shall be a rest period of a minimum of 60 minutes ashore for the last finisher in the second race before the warning signal for further races.

13. PROTESTS & REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the Secretariat Office. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 13.2 **[DP]** **[NP]** Boards retiring from racing after finishing shall complete a Retirement Declaration Form at the Secretariat Office before the end of protest time limit.
- 13.3 **[DP]** **[NP]** Boards taking a voluntary penalty shall complete the Penalty Acknowledgement Form at the Secretariat Office before the end of protest time limit.
- 13.4 The Protest Time Limit is 45 minutes after the last board has finished the last race of the day for each group/division or the Race Committee signals 'no more racing today', whichever is later.
- 13.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located in the Secretariat Office.
- 13.6 Breaches of WCR 77 and rules in the Sailing Instructions marked **[NP]** will not be grounds for a protest by a board. **This changes WCR 60.1(a)**. Penalties for breaches marked **[DP]** are at the discretion of the protest committee may be less than disqualification if they so decide.
- 13.7 On the last day of the regatta a request for reopening a hearing shall be delivered:
- Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - No later than 30 minutes after the party requesting reopening was informed of the decision on that day.
- This changes WCR 66.**
- 13.8 On the last scheduled day of racing a request for redress based on jury decision shall be delivered no later than 30 minutes after the decision was posted. **This changes WCR 62. 2.**

14. SCORING

- 14.1 Scoring will be according to the WCR Appendix A, as amended by the Championship Rules.
- 14.2 Competitors shall be scored in one overall event ranking; division winners shall be the highest placed in the overall ranking.
- 14.3 To request correction of an alleged error in the posted races or series results, a board shall complete a Scoring Enquiry Form available at the Secretariat Office.

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15. SAFETY REGULATIONS

- 15.1 [DP] [NP] A board that retires from a race shall, if reasonably possible, notify the Race Committee before leaving the course area and shall report to the Secretariat Office upon arriving ashore.
- 15.2 [DP] [NP] Competitors not leaving the site for the day's racing shall inform the Secretariat Office prior to the first start.

16. SAFETY SYSTEM

[SP] The Safety System is in force at all times – see Attachment 2.

17. REPLACEMENT OF EQUIPMENT

[DP] Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, including a written request, on the form provided, submitted to the Secretariat Office.

18. OFFICIAL BOATS

- 18.1 Race Committee boats other than the Signal Boat may display a yellow flag with black **RC** letters.
- 18.2 Media boats may display a white flag marked with "**PRESS**".

19. SUPPORT BOATS

- 19.1 [NP] All teams support boats shall conspicuously display the national flag of their country of origin
- 19.2 [NP] Before the Preparatory Signal of any class, support craft shall have left the course areas and remain outside the area, except to assist a crew in distress or at the request of the race committee, until after the finish of the last competitor of the final class racing or the races are postponed or abandoned. Infringements will be subject to action by the Race Committee which may result in preventing a support boat from going afloat.

20 TRASH DISPOSAL

[DP] [NP] Boards shall not put trash in the water. Trash may be placed aboard support and Race Committee boats.

21 PRIZES

- 21.1 Prizes will be awarded according to the NOR.
- 21.2 All competitors and coaches are required to attend at the prize giving and closing ceremony. Prize winners not attending may forfeit their prize.

OFFICIALS

Principal Race Officer: Alex Katsios

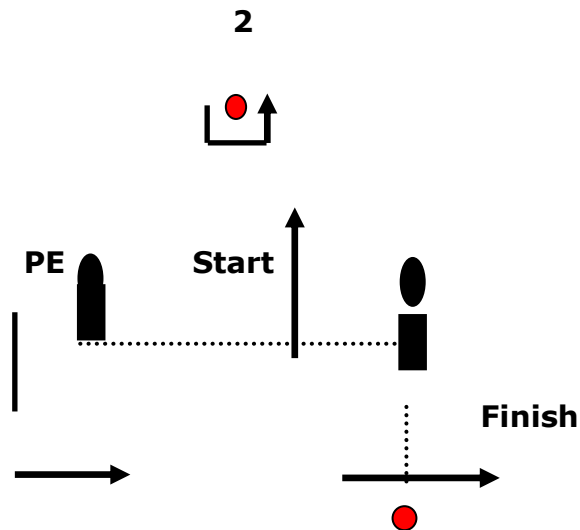
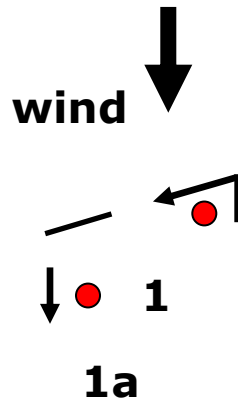
Protest Committee Chairman: Ceri Williams

Class Representative: Ceri Williams

ATTACHMENT 1 - COURSES

The intention of the Race Committee is to use one of the following courses

COURSE 1

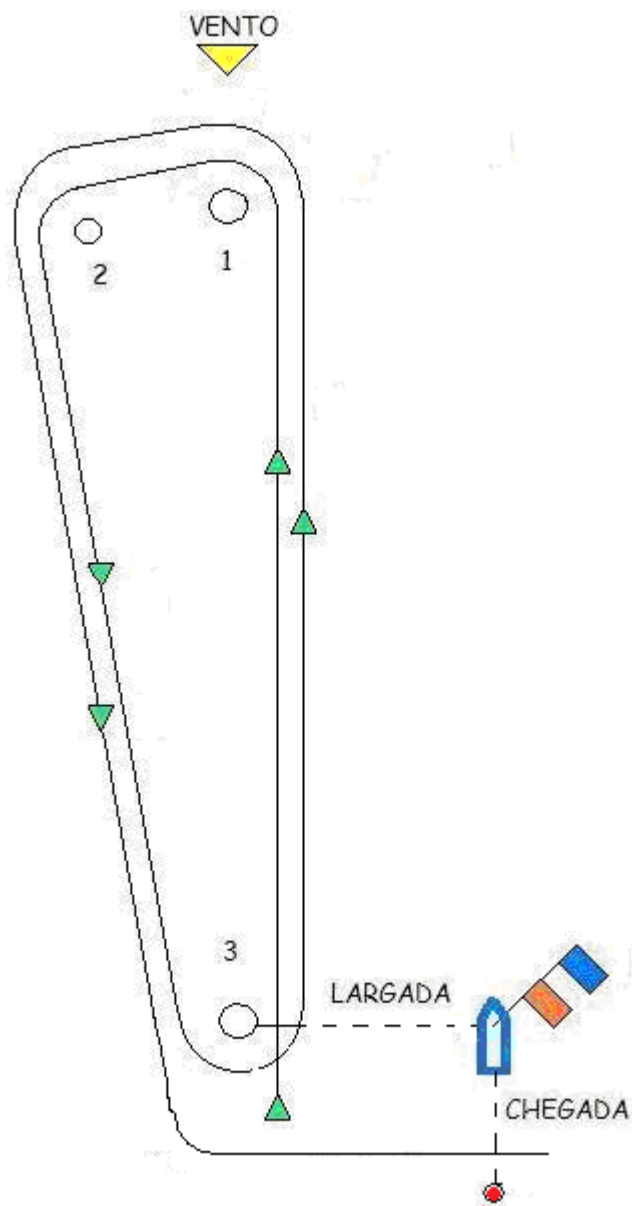


COURSE: Start - 1 - 1a - 2 - 1 - 1a - PE - Finish

All distances and angles are approximate

COURSE 2

Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish



ATTACHMENT 2

Safety System:

SS.1 The Safety System - "Sign-out / Sign-in" - is in force at all times when racing.

SS.2 Each competitor, intending to race, shall personally sign-out, against his name/sail number, when going out to race.

SS.3 When returning ashore each competitor shall personally sign-in to confirm that he/she has returned to shore.....
...**either** within 30 minutes of the end of the time limit of that race, or in the case of back to back races the last race of;
...**or**, within 30 minutes after being instructed to go ashore by the Race Committee.

SS.4 Sign-out and Sign-in lists shall be provided by the Race Committee on tables in front of the Secretariat Office

SS.5 [SP] Penalties.

The penalty for each infringement of the Safety System shall be 5 points added to the nearest race.

Only one penalty shall be added to a single race.

The board's penalty score shall be reduced to a 2-point penalty if:

- a) a board who has not signed out reports to the Race Committee Signal Boat before the warning signal of the first start of the period, or
- b) if a board who has not signed in reports to the Secretariat Office before the end of protest time.

A board shall not score worse than DSQ.