



V.V.W. INSIDE OUTSIDE
OOSTENDE

North Sea Cup 2007 Sailing Instructions Ostend

12 - 13 May 2007

Venue: Oostende Belgium

Organising Authority: V.V.W. Inside - Outside

1. Rules

The regatta will be governed by:

- The ISAF Racing Rules of Sailing 2005-2008
- The Class & Championship rules concerned
- The Notice of Race (NOR)
- Except as any of these are changed by these Sailing Instructions (SI)
- And by these Sailing Instructions.

The regatta is designated Category C.

2. Entries

2.1 Safety

The safety of the sailboard and its entire management including insurance shall be the sole responsibility of the competitor racing the sailboard who must ensure that the sailboard is adequate to face the conditions that may arise in the course of the race. Neither the establishment of these sailing instructions nor the inspection of the board under these conditions in any way limits or reduces the absolute responsibility of the competitor for his/her board and entire management thereof.

The race organizers, the race committee and the jury will not be responsible for any loss, damage, death or personal injury however caused to the competitor as a result of their taking part in the race or races.

2.2 Equipment

Boards, equipment and clothing may be measured or checked before or after any race at the discretion of the Measurer or the Race Committee.

2.3 Safety and Equipment

The competitors will have to have a length of rope towing of 5 meters minimum.

The buoyancy vest is obliged for classes: « **B 293 D** »

2.4 Fee

The fee of the registration is set to: **25 € by competitor.** (including the price of a Saturday evening meal).

3. Notice to Competitors

Notices to competitors will be posted on the Official Notice Board (ONB) located in the big marquee on the beach.

4. Changes to Sailing Instruction

Any change to the SI will be posted at least 30 minutes before the starting time of the race or races concerned. Changes affecting the schedule of the next days racing shall be posted not later than 20.00 hours

5. Signals Made Ashore

Signals made ashore will be displayed on the Official Flag Poles, situated at the beach.

- 5.1 ICF "Z" means: "Go afloat. The warning signal will be made not less than 20 minutes after displaying Z".
- 5.2 ICF "Y" means: Life jackets are mandatory. Competitors have to "Check-out" before they leave the beach and "Check-in" immediately when they come back to the beach, this will be done at the entrance of the big marquee on the beach. Competitors failing to do so will be subject of protest.

6. Divisions, subdivisions, official Briefing and schedule of races

6.1 Divisions and Sub-divisions

- 6.1.1 Longboards
- | | | |
|---------|---------------|------------|
| 6.1.1.1 | Raceboard | -- ICF 'R' |
| 6.1.1.2 | Bic 293OD | -- ICF 'A' |
| 6.1.1.3 | Hybride - RSX | -- ICF 'F' |
- 6.1.2 Shortboards
- | | | |
|---------|---------------------|-------------|
| 6.1.2.1 | Formula Windsurfing | -- Red Flag |
| 6.1.2.2 | Formula Experience | -- Red Flag |

6.2 Official Briefing

The skippers meeting will be held on at 13:30 on Saturday 12 th of May

6.3 Schedule of Races

Saturday 12 th of May

First warning signal at 14.30 H

Maximum of 5 races

Sunday 13 th of May:

First warning signal at 10.00 H

Maximum of 5 races

Pricegiving 17.00 H

6.4 The schedule of races will be notified by
the display of the division flags on the Official Flag Pole

7. Racing Area

The racing area and courses will be as illustrated on the ONB.

The course diagram (not to scale) will be posted on the ONB at least 60 minutes before the start.

8. Marks

The marks shall be described on the course diagram.

9. Starting

9.1 Start procedure

- 5min -- Division Flag up
- 4 min -- I, or black flag up
- 1 min -- I, or black flag down
- start -- Division flag down

9.3 Starting line: as illustrated on the course diagram.

10. Recalls

10.1 When a recall has been signaled the start for the succeeding divisions will be postponed accordingly.

10.2 After a recall or when the race is abandoned, the Race Committee will display a notice board on the start boat (if the recall is not caused by an error of the Race Committee), indicating the sail numbers of the disqualified boards.

10.3 Disqualified boards shall immediately leave the course area and shall not start in any restart of that race.

11. Finish

11.1 The finishing line shall be illustrated on the course diagram.

11.2 All boards who have finished must keep clear of competitors still racing.

12. Time limits

The time limit is 20 minutes after the first finishing board in each sub-division.

13. Protests

13.1 Protests shall be written on forms available at the Race Office and lodged there within 45 minutes after the last race of the day.

13.2 The jury will hear protests in approximately the order of receipt as soon as possible.

13.3 The Schedule of Hearings will be posted within 15 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.

13.4 No request for redress nor request for reopening will be accepted on the last day after the last hearing or after the Protest Time, if there are no hearings. The only exception will be a request for redress concerning the scoring.

13.5 Score Review Request

The protest time for Score Review Request on the last day of racing, is 30 minutes after the results were posted on the ONB.

14. Scoring

The low points scoring system will apply for a series of a maximum of 8 races.

1 discard after 4 races, 2 discards after 7 races.

Number of races : The minimum of races in each series to valid the event is 2.

15. Officials

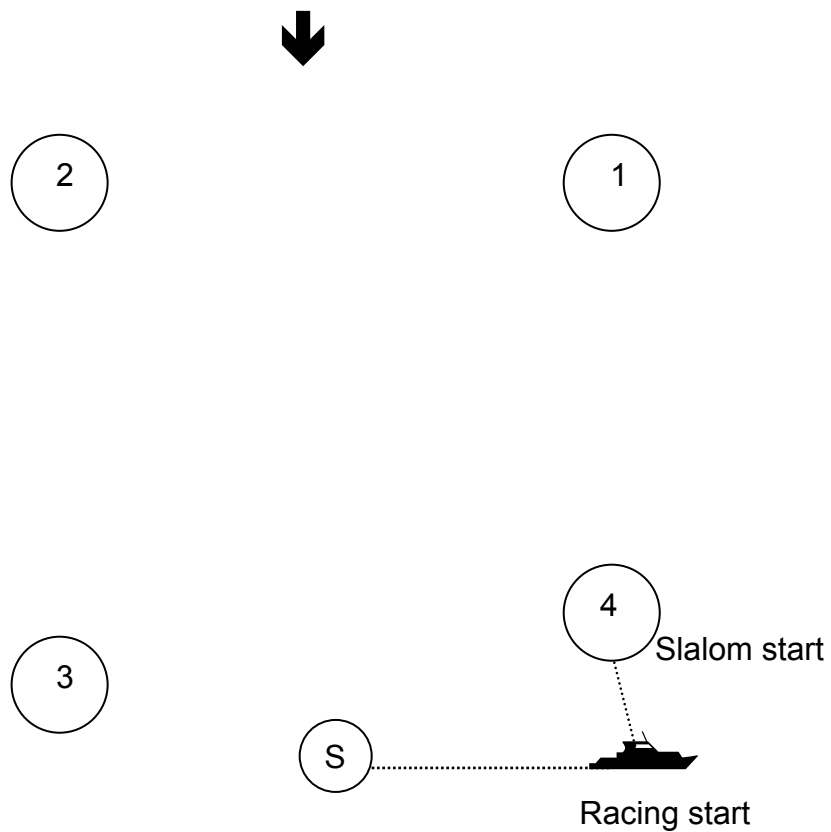
Event Organizer	Bart Plasschaert
Beach master	Roland Vanparijs
Race Director	Luc Geirnaert
Start Officer	Luc Geirnaert
Course responsible	Steven Scheerens
Security	Belgian Navy Rescue
Finish Officer	Erik Lamoot
Event Scorer	Marc Cardon
President of the Jury	Jef Verhoeven (Bel) Marc Cardon (Fr)

15. Course Diagram

Possible courses:

1. Square: Racing start – 1 – 2 – 3 – 4 – 1 – 2 – 3 – Finish

2. FW Experience square: Racing start – 1 – 2 – 3 – Finish
3. Outer Loop: Racing start – 1 – 2 – 3 – 2 – 3 – Finish
4. Inner Loop: Racing start – 1 – 4 – 1 – 2 – 3 – Finish
5. Upwind/downwind: Racing start – 1 – 4 – 1 – “S” – Finish
6. Formula Light wind Slalom: slalom start – 3 – “S” – 3 – Finish



Startline: Main mast on starting vessel and course side of pin-end mark

Finishline: Mast with Blue flag on finish vessel and Finisch mark

- Mark 1:** Giant orange cylindrical mark
- Mark 2, 3 and 4:** orange cylindrical marks
- Mark S and F:** Small orange cylindrical marks

